# NOSENEWS Rhinologic Society Society

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American



# President's Report

Kevin C. Welch, MD, FACS, FARS

Happy New Year and thank you for

your ongoing support of the American Rhinologic Society. Our dedicated members continue to catapult both the Society and the International Forum of Allergy & Rhinology to new levels. The future looks bright for the ARS.

As you all know, we held our annual meeting – the 70th! – in Miami, FL. By all accounts, this was a huge success, as this was the most wellattended meeting ever with the highest number of abstracts submitted for presentation. I suspect that this trend will continue into the next several years. Aside from the compelling scientific presentations and expertly delivered and diverse panels, we had two brilliant guest lectures. Dr. Robert Naclerio, our David Kennedy Lecturer, took us through a career-long journey of discovery and bringing the bench to the bedside. Dr. Alexander Chiu, our Peter Hwang Lecturer, talked about taking risks and multiplying the talents of those who work around vou. Our Program Committee and Abstract Review Committee burned the midnight oil to make the program spectacular. Thank you to everyone, including Wendi Perez, Susan Arias, Tammy Lorimer, and Olga Angulo, who made the meeting a huge success.

Looking ahead to 2025, I am grateful to Dr. Amber Loung who will be spearheading the education efforts. COSM 2025 will take place in New

Continued on page 3



Don't miss the ARS Summer Sinus Symposium in San Diego, CA on July 10-12, 2025! See details inside.

### IN THIS ISSUE:

PRESIDENT'S ADDRESS
EVP REPORT
AIR SECTION NEWS

PEDIATRIC RHINOLOGY UPDATE

WOMEN IN RHINOLOGY

CORPORATE PARTNERS

SBOS UPDATE

SUMMER SINUS SYMPOSIUM

RESEARCH & GRANTS

**UPCOMING MEETINGS** 



# **Executive Vice President's Report**

Michael G. Stewart MD, MPH, FARS, Executive Vice President, American Rhinologic Society

Happy 2025 to American Rhinologic Society members and fellows!

I am pleased to report that our Society continues to prosper. Our portfolio of meetings – Annual Meeting, COSM, and Summer Sinus Symposium - have all been successful. We also have strong industry partnerships, a growing membership, and an engaged and active leadership.

Our Annual Meeting in Miami had one of the highest attendances in recent memory, and the scientific content and professional collegiality were both outstanding. The Society continues to have solid finances, with a balanced annual budget. Over the past few years, we have managed to invest some of our reserves in balanced portfolios with stable income, which we are using to support some of our research initiatives and some of the administrative infrastructure of the Society. This year the ARS partnered with the American Academy of Otolaryngology-Head and Neck Surgery and the American Academy of Otolaryngic Allergy to create an evidence-based position statement on Empty Nose Syndrome, which will be released soon.

Also, 2024-2025 will be the final year of my second term as Executive Vice President, and the Society has already started a search process to identify a successor. The next EVP will be selected sometime this Winter, and that will allow several months of overlap with me, before the new EVP begins their term in October 2025 following our Annual Meeting in Indianapolis. Our President Dr. Kevin Welch, and our Officers and Board of Directors all volunteer their time to lead the Society, and you can rest assured that the ARS's future is in excellent hands. And of course, we have to recognize and thank our outstanding administrative staff – Wendi Perez, Susan Arias, and Tammy Lorimer. Thank you so much for your support of the ARS, and I look forward to seeing you at future meetings!

# **Live and Ancillary Education Course Committee Update**



Angela Donaldson, MD FARS

The Live and Ancillary Education Course Committee continues to organize quality educational programming for Otolaryngology residents.

This year's annual Resident Dissection Course was held on September 26th and 27th at the Fontainebleau Hotel in Miami, Florida. The course recently changed to a junior and senior level track, allowing for more trainee specific panels and lectures. Highlights from this year's course include a keynote note presentation on the current and future state of chronic rhinosinusitis by Dr. Zara Patel as

well as record attendance with a total of 28 full participants and 36 observers. Registration for the 2025 course is expected to open in the summer of 2025.

The annual ARS Rhinology Fellows Course was held in Chicago on May 3rd and 4th. Incoming fellows enjoyed a weekend of panels and cadaver dissection. The recent transition to a more case-based format has been extraordinarily

successful and has allowed for more interactive sessions. Many thanks to the course directors Drs. Seth Brown, Joey Raviv, and Dana Crosby for putting together another exceptional course.

The Live and Ancillary Education Course Committee would like to thank our outgoing committee members for their service including Katie Phillips, David (Scott) Fortune, Satish Govindaraj, and Ricardo Valadares. The committee would also like to acknowledge our current committee members including Christopher Brook, Victoria Lee, Stephanie Joe, Daniel Alicea, Katie Melder, Anthony DelSignore, Ashoke Khanwalkar, Ian Koszewski, and Patrick Colley.





# **ARS Spring Meeting at COSM**

Amber Luong, MD, PhD, FARS President Elect and Program Chair

We are heading to the Creole City known for great food and music to feed the soul.

The American
Rhinologic Society
Spring Meeting
will be held on May

17-18, 2025, at the Hyatt Regency New Orleans. This meeting, part of the Combined Otolaryngology Spring Meetings (COSM), promises to be an excellent opportunity to catch up with colleagues, share and learn from cutting edge research, and gain practical knowledge in the medical and surgical management of rhinologic diseases. My favorite reason for going...networking with colleagues. What is yours?

Consistent with recent trends, we again saw a significant growth in our scientific contributions, with **248** abstract submissions—over 30 more than last year. Thank you to the abstract review committee for their hard work in selecting the best research for this year's program. The meeting will feature **66** oral presentations and over **180** posters, highlighting the latest advances in rhinologic research and clinical practice.

### **Program Overview**

The meeting begins on **Saturday morning** and runs through the day, concluding at **noon on Sunday**. Saturday's program will be capped off with the President's reception which is always a great time. The program is

designed so that we can get everyone home by Sunday evening so that you have some down time prior to starting your next week.

The program will include:

### **Four 45-Minute Panels:**

- · Applications of AI in rhinology.
- Transforming research into companies from both the private and academic practice perspective
- Updates on allergic fungal rhinosinusitis.
- Advances in endoscopic approaches to the skull base outside the nasal cavity.

### **Four 20-Minute Panels:**

- Common coding errors and how to avoid them.
- The role of immunomodulators in CRS.
- Spectrum and evaluation of perioperative care for endoscopic sinus surgery.
- Insights into epigenetic modifications in CRS.

# **Keynote Discussion on Cybersecurity**

The meeting concludes with a timely and I hope thought-provoking fireside chat featuring **Terry Ray**, Chief Technology Officer of Imperva (recently acquired by Thales), and **Gavin Setzen**. They will explore the increasing threat of

**ransomware** attacks in healthcare and address critical questions:

- · Is your patients' data secure?
- What vulnerabilities exist, and what are the liability implications?

### **Networking Opportunities**

Over the years, the ARS has encouraged the creation of sections that focus on particular practice interest shared among our membership. In addition to the scientific sessions, the meeting will include opportunities for networking and professional growth hosted by 2 of our sections:

- Skull Base and Orbital Surgery (SBOS): A morning session discussing aspects of building an early-career skull base practice.
- Women in Rhinology (WiR): A breakfast roundtable discussion addressing career challenges and opportunities.

### New Orleans as a Backdrop

New Orleans offers a rich cultural experience that complements the professional focus of the meeting.

I hope you all will take time to enjoy the city's renowned cuisine, music, and historic charm during your visit. I look forward to seeing you in New Orleans!

Register for the ARS Spring meeting <u>here</u>.

### President's Report, cont'd.

Orleans, LA, May 17-18, 2025. Our 14th Summer Sinus Symposium heads to San Diego, CA, July 10-12, 2025. Our 71st Annual Meeting will take place in Indianapolis, IN to coincide with the Annual Meeting of the American Academy of Otolaryngology, which takes place October 10-14, 2025. I'm looking forward to all three meetings and the excellent programing that accompanies them.

Change is happening within the ARS. I would like to personally thank Dr. Michael Stewart for his unwavering leadership as our Executive Vice President. Under his tenure, our

Society has grown stronger with more clearly defined missions. Our financial growth and security are impressive following the strategic initiatives directed by Dr. Stewart. Now, we are moving forward with our search for a new EVP, and I thank Dr. Pete Batra for spearheading this search along with the search committee.

Our relationships with other societies grow, and we welcome our MOU with Taiwan and hopefully one soon with Saudi Arabia.

A cornerstone of our Society's success is the research our colleagues

perform, and I hope to strengthen and streamline our efforts to foster and support research. This can be accomplished by mentoring and exploring collaboration among our committee members who are key leaders in research.

I encourage each of you to actively engage in the scientific meetings and the various diverse initiatives planned for the upcoming year. Your expertise and passion are invaluable and will continue to elevate the ARS to even greater heights. Thank you for your continued support and dedication to the ARS.



# **Pediatric Rhinology Committee Update**

Chadi Makary, MD, FACS, Pediatric Rhinology Committee Chair

The Pediatric Rhinology Committee would like to extend our heartfelt thanks to Dr. David Gudis,

who led the committee in the previous years. His contributions to pediatric rhinology have been exceptional, particularly his efforts in initiating the newly established ARS Sue Ann and John L. Weinberg Foundation Cystic Fibrosis Chronic Rhinosinusitis Grant. Dr. Gudis' leadership has been instrumental in advancing the field, and we are grateful for his dedication.

This past year has been highly productive for the committee, marked by several key achievements:

- Participation in a panel discussion at the ARS Meeting at COSM, where we tackled challenging cases in pediatric rhinology.
- Approval of our Expert Practice Statement on Pediatric Septoplasty by the ARS and publication in the International Forum of Allergy and Rhinology.
- Successful collaboration with the Allergy Immunology in Rhinology Section to produce an evidencebased review on the evaluation

and treatment of rhinosinusitis in children with primary antibody deficiency. This review was published in the International Forum of Allergy and Rhinology and featured in a podcast hosted by Dr. Sarah Wise.

Looking ahead, we are excited to continue our efforts to advance pediatric rhinology within the ARS community, strengthen collaborations, and further our knowledge in this vital area of care.



# Skull Base and Orbital Surgery Report

Garrett Choby, MD, FARS; Skull Base and Orbital Surgery Section Chair

The Skull Base and Orbital Surgery Section (SBOS) is excited to welcome incoming officers for the new membership term (see below)!

The group hosted a Sinonasal Cancer Collaborative online session on October 23, 2024 on "Wound Healing in Advanced Sinus and Skull Base Surgery" that was well received, and is currently planning another Spring 2024 online session.

Additionally, a Rhinocast is also in the works for 2025, so stay tuned for more information on these free educational programs! Go to https://www.american-rhinologic.org/skull-base-orbital-surgery and fill out the membership form to join the section and get updates on future programs.

### Newly elected positions (October 2025):

Chair-Elect: Mathew Geltzeiler Financial Officer: Sanjeet Rangarajan

Research Officer: Ed Kuan Information Officer: Elisa Illing Member-At-Large: Sat Sreenath

Member-At-Large (current): Dennis Tang Immediate Past Chair: Kibwei McKinney

### **Nominated Positions**

Education co-chair: Jessica Gravson Education co-chair: Nyall London

Membership co-chair: Nick Rowan, Cristine Klatt - Cromwell

Charter/By-laws: Kenny Rodriguez

Senior advisor: Eric Wang, Brian Thorp, Marilene Wang Pediatric skull base surgery liaison (ad hoc): Dave Gudis



COSM 2025 | May 15-16, 2025

Hyatt Regency New Orleans, New Orleans, LA

### Meeting Highlights:

- Keynote speakers
- President's Reception
- Expert panels
- Cutting edge research
- Poster presentations



## **Women in Rhinology News**

Devyani Lal, MD, FARS, Women in Rhinology Section Chair

The Women in Rhinology (WiR) Section ends 2024 on a high energetic note on our mission to facilitate

involvement of women in advancing the ARS's mission to care for people with rhinologic diseases and disorders. We focused on other key objectives: facilitating research collaborations, mentorship, networking, career advancement and addressing gender issues affecting women rhinologists.

The WIR advises the Board of Directors and the ARS to fully leverage the talents of women in rhinology, and holistically integrate them into all its functions, meetings, committees and leadership roles. In addition, the WiR works on addressing gender issues affecting women rhinologists. Since our inception, we have celebrated the strong leadership of Dr Sarah Wise as the first woman president of the ARS.

We are looking forward to the upcoming presidency of first vice-president, Dr Amber Luong. Dr. Jivianne Lee serves as ARS treasurer. In addition, many of us have had the privilege of sitting on the Board of Directors and serving as Board Consultants. The ARS now leads in the number of women otolaryngologists participating and presenting at the ARS and in educational programming and planning.

Much was accomplished during the productive tenure of our outgoing chair, Dr Stacey Gray in 2024. At COSM in Chicago, the WiR hosted a breakfast session on "Allyship in the pathway beyond the 'glass ceiling'" with guest speaker Dana Thompson, MD, MS, MBA, FACS. In addition, at the Summer Sinus Symposium in New Orleans, WiR held a "Speed Mentoring" session, which was a great success. This year, WiR was again able to offer the ARS Women in Rhinology Research Grant through the Centralized Otolaryngology Research Efforts (CORE) mechanism, which was awarded to Dr. Corinna Levine, MD, MPH, for her project entitled "Evaluating How Social Stress and Environmental Exposures Impact CRS." We look forward to the results of her study! We are again in happy receipt of a WiR specific research grant for 2025 supporting a team with at least one female PI performing rhinologic-related research. Thank you, Medtronic! Our Research Officer, Dr. Lauren Roland in partnership with Dr Elisa Elling and Dr Ashleigh Halderman are putting together a DIY to assist early-stage investigators on how to construct and submit for CORE and other grants. Stay tuned as the recipient will be announced soon.

In 2024, we also added a wellness initiative for our membership, led by Dr. Jean Kim.

WiR started with a grassroots effort of women in need of collectively speaking for our desire to be more holistically integrated into the ARS. I recall sitting together circa 2014 with impassioned colleagues, Erin O'Brien, Stacey Gray, Jivianne Lee, Amber Luong, amongst others- WiR members who have now held key ARS leadership roles since. This organic group led to the formal formation of the WiR section being announced with Amber Luong as its first chair. Today the section continues to grow dynamically with the support of the ARS leadership.

WiR also just finished electing our new slate of officers. Congratulations to this year's WiR Governing Council: Stacey Gray, MD, Immediate Past Chair; Devyani Lal, MD, Chair; Stephanie Joe, MD, Chair-Elect; Victoria Lee, MD, Information Officer; Tran Locke, MD, Financial Officer; Lauren Roland, MD, Research Officer; Elisa Illing, MD, Development/Mentorship Officer; Ashleigh Halderman, MD, and Anna Knisely, MD, Members-At-Large.

As we head into the new year, much work still needs to be done in 2025. In the recent Fall meeting, Dr. Morgan McCain presented a poster on the "Intersection of demographic and academic productivity trends among American rhinology fellows". Their data showed a relative plateau in women's

representation among rhinologists since 2002 after studying 31 rhinology fellowships and 477 fellowship-trained rhinologists. Despite an absolute increase in women per year, the proportion of women in rhinology fellowships has remained stable since 2002, averaging 21.1%.

Overall, women rhinologists had a statistically significant lower h-index than men (7 vs. 9; p=0.01), particularly in mid-career (7 vs. 10; p=0.01) across various practice types." To summarize, the authors said, "Addressing gender disparities in academic productivity necessitates acknowledging these challenges and implementing further gender initiatives".

WiR strives to continually advocate for women rhinologists.

Let's keep up with our good work! Keep up to date on WiR events and initiatives, by following us on the ARS webpage, X (@women\_rhinology) and on Instagram at (women\_in\_rhinology).



# **ARS Corporate Partners Group**

The American Rhinologic Society would like to express our deepest thanks and appreciation to our Corporate Partners. Our corporate partnerships have been invaluable in their support of ARS initiatives to promote excellence in rhinology and skull base surgery. Through our ongoing collaborative relationships, we hope to continue to mutually develop exciting and lasting opportunities for our members to enhance education, investigation, clinical care, and patient advocacy in the future.



The American Rhinologic Society would like to thank our 2024 Corporate Partners Group for their support:

### **PLATINUM**

GSK Medtronic Sanofi Regeneron Stryker

### **GOLD**

Acclarent an Integra Lifesciences Company Aerin Medical

### **SILVER**

Hemostasis Fiagon KARL STORZ United States Olympus America Inc.

### **BRONZE**

Advanced RX Compounding
Pharmacy
Neurent Medical



# **Research and Grants Committee Report**

Carol Yan, MD, Research and Grants Committee Chair

This year, we were excited to introduce the inaugural David W. Kennedy Innovation in Rhinology

Grant, made possible through the generous support of Storz. Focused on innovations in rhinology, finalists had the unique opportunity to pitch their projects in a dynamic "Shark Tank"-style format during the Summer Sinus Symposium in New Orleans. Panelists from the Research & Grants Committee, alongside quest shark Paramesh Gopi, CEO of SoundHealth, reviewed the presentations in front of a live audience. Congratulations to Dennis Tang, MD, the winner of this year's grant, for his project titled: "Development of an Adapter to Assist in Palm-Gripping Rhinologic Instruments."

We also celebrate the recipients of the 2024 CORE Grant Awards.

 Sue Ann and John L. Weinberg Foundation CF CRS Grant Elisa Illing, MD (Indiana University) "Sinonasal Therapy De-escalation in CF patients on Modulator Therapy"

- New ARS Investigator Award Jennifer Douglas, MD (University of Pennsylvania) "Mechanisms of Smell Loss Using Human Olfactory Organoids"
- ARS Resident Research Grant
- 1. Tolani Olonisakin, MD PhD (Johns Hopkins University), Mentor: Andrew Lane, MD
- "Dupilumab-mediated tissue remodeling in CRS"
- 2. Ezer Benaim, MD (University of North Carolina), Mentor: Adam Kimple, MD PhD
- "Integrated transcriptomicsexposomics analyses of inhalation exposures in CRS"
- Women in Rhinology Research Grant (Sponsored by Medtronic) Corinna Levine, MD MPH (University of Miami). "Evaluating how social stress and environmental exposures impact CRS"

At the latest annual meeting in

Miami, several committee members participated in a thought-provoking panel titled: "The Changing Face of Academic Medicine and Implications for Surgeon-Scientists," moderated by Vijay Ramakrishnan.

Looking ahead, we are excited to continue fostering innovation and collaboration in rhinology research. Our 2024–2025 committee members include Michael Armstrong, Naveed Chowdhury, Meha Fox, Amarbir Gill, Victoria Lee, Michael Kohanski, Charles Tong, Justin Turner, and Carol Yan. We remain committed to inspiring research and welcome your ideas for new initiatives.

Mark your calendars! Applications for the 2025 CORE Grants are due January 15, 2025. Visit Proposal Central or the AAO-HNS CORE Grant Website for more details.

Let's continue to innovate and support the future of rhinologic research!



# **Benefits of ARS Membership**

Membership in the American Rhinologic Society provides critical support that strengthens its ability to speak out on behalf of you, and all those practicing rhinology. The ARS promotes excellence in clinical care, investigation and education in Rhinology.

The ARS is dedicated to providing communication and fellowship to its members through ongoing continuing medical education, economic and social programs.

Your membership in the ARS places you in a highly respected professional organization that has a significant and far-reaching impact on the subspecialty of Rhinology. The ARS is dedicated to promoting excellence in clinical care, investigation, education, and patient advocacy in the field of rhinology.

### Membership benefits include:

- Complimentary subscription to the Society's prestigious peer-reviewed journal, International Forum of Allergy and Rhinology
- Opportunity to join leadership and participate in standing committees of the Society to develop and implement programs to advance the interests of the specialty
- · Networking in the largest group of Rhinologists worldwide
- Discounted meeting registration for the Society's annual meeting
- Information and opportunities for action on legislative and regulatory issues affecting rhinology and sinus surgery
- · Member listing on the ARS Membership Directory
- Online services and personal web page on the ARS network
- "Find a Specialist" listing on the ARS web page making you contact information available to patients and referring physicians

- Access to members only section of webpage which includes advocacy, coding strategies, position statements, education and research and much more
- · Patient Education Handouts
- · Patient and Caregivers section of website
- · Webinars and how to videos for members only
- · ARS Endoscopic Surgical Dissection Video Series
- Complimentary subscription the Society's newsletter, Nose News
- Discounted rates for educational products and services offered by the Society
- Early access to third-party symposia associated with ARS meetings
- Discounted services and early access to other services and products provided by the Society
- Advocacy and representation on issues that influence the field of rhinology including those that establish physician reimbursement

JOIN AT: <a href="https://www.american-rhinologic.org/NewMember.cfm">https://www.american-rhinologic.org/NewMember.cfm</a>

# Fellow of the American Rhinologic Society (FARS)

For this issue of Nose News, we would like to encourage all members to explore the possibility of becoming a Fellow of the American Rhinologic Society (FARS). This special membership category is an exceptional way to show your expertise in the field of Rhinology, your dedication to rhinologic practice, and your support of the American Rhinologic Society. Please visit the website, <a href="http://www.american-rhinologic.org/fars">http://www.american-rhinologic.org/fars</a> to learn more about the application process and the necessary qualifications. We encourage every ARS member to investigate this option and apply if they are interested. Current ARS members seeking FARS designation can submit a letter of intent, an updated curriculum vitae, a rhinologic case log and sponsorship letters from two FARS members to membership@amrhso. org. Currently there are over 200 FARS members in our society, and we would like our entire membership to be aware of this special distinction. Please inquire about this membership category, especially if you are interested in becoming more involved in the ARS. We look forward to your application!

Forgot to pay your dues? Renew now! Call 973-545-2735 or renew online at https://www.american-rhinologic.org/NewMember.cfm

PAGE 7 | AMERICAN-RHINOLOGIC.ORG

# **ARS 2025 Summer Sinus Symposium in San Diego!**

### **Course Directors**







Rohit Garg, MD, FARS



Stella Lee, MD



Justin Turner, MD, FARS



Troy Woodard, MD, FARS

Join us for the 14th Annual American Rhinologic Society Summer Sinus Symposium, taking place July 11-12, 2025, at the luxurious Manchester Grand Hyatt in beautiful San Diego. This year's program is designed to offer an exceptional, highly focused two-day experience, packed with the most relevant and practical insights in rhinology, skull base surgery, allergy, and the business of medicine. The interactive panels will explore cutting-edge topics, featuring expert discussions and real-world applications that you can implement in your practice immediately. Whether you're looking to refine your surgical techniques, gain new insights into managing complex cases, or stay ahead of the latest trends in the field, this symposium has something for everyone.

In addition to the educational programming, the symposium will again include several cadaver prosections, providing an opportunity to observe expert surgical techniques, pearls, and best practices. These sessions are designed to elevate your skills and confidence in the operating room. Beyond the scientific sessions, we've planned a signature event with a live band performance, along with several other high-yield networking opportunities to reconnect with colleagues and forge new professional relationships. San Diego offers the perfect setting for both learning and relaxation with its stunning views, family-friendly attractions, and perfect summer climate. Don't miss out—this will undoubtedly be one of the best Summer Sinus Symposia yet!



**2025 ARS Summer Sinus Symposium** July 10-12, 2025

Manchester Grand Hyatt, San Diego, CA

# **Quality Improvement Committee Update**

Christopher Roxbury, M.D.



The ARS Quality Improvement (QI) Committee has had a highly productive year, with numerous initiatives aimed at promoting quality and safety in rhinology.

The committee, which has 11 active members, has spearheaded key projects, including a panel discussion at the 2024 Summer Sinus Symposium in New Orleans, Louisiana, focused on practical tips for improving quality in clinical practice. The committee is also in the early stages of developing

initiatives to enhance rhinologic trainee education and incorporate artificial intelligence to further augment quality and safety.

In addition to these new initiatives, the QI Committee has continued its commitment to generating Expert Practice Statements (EPS). These statements summarize existing evidence and provide clinical recommendations for specific scenarios in rhinology and skull base surgery. This year, the committee has supported the development of several EPS, culminating in three published papers in International Forum of Allergy and Rhinology (IFAR) in 2024.

The published EPS include:

- 1. **Pediatric Septoplasty** (August 2024 issue of IFAR): This statement consolidates evidence supporting the safety of pediatric septoplasty and its negligible impact on nasal or midfacial growth.
- 2. **Endoscopic Skull Base Reconstruction** (September 2024 issue of IFAR): This document discusses the comparable success rates of various reconstruction techniques, with a recommendation to use vascularized grafts for large defects and/or high-flow cerebrospinal fluid leaks.
- 3. **Postoperative Management in Endoscopic Skull Base Surgery** (November 2024 issue of IFAR): This statement addresses common questions about postoperative restrictions in an area where evidence is often scarce.

The growing interest in EPS among ARS members has sparked discussions about the best ways to disseminate evidence-based practices in rhinology. The QI Committee looks forward to continuing to improve this process in collaboration with the ARS Executive Committee throughout 2025 and beyond.



# Allergy and Immunology in Rhinology Report

Chadi Makary, MD, FACS, AiR Section Chair

The AiR section has had a dynamic and busy year in 2024, with over 45 active members committed

to advancing our understanding of the role of allergy and immunology in upper airway diseases, including rhinitis and rhinosinusitis.

Our current leadership includes:

Dr. Chadi Makary - Chair

Dr. Elina Toskala - Chair-Elect

Dr. Omar Ahmed - Information Officer

Dr. Regan Bergmark - Treasurer

Over the past year, our group contributed to multiple key events and initiatives, including:

- Several panel discussions at the Annual ARS Meeting, the ARS Meeting at COSM, and the Summer Sinus Symposium.
- An ARS-sponsored webcast led by Dr. Sandra Lin on optimizing the nasal airway in patients with obstructive sleep apnea. This webcast featured experts from rhinology, facial plastic surgery, and sleep surgery.
- A collaboration with the Pediatric Rhinology Committee of the ARS,

culminating in an evidence-based review on the evaluation and treatment of rhinosinusitis in children with primary antibody deficiency. This review was published in the International Forum of Allergy and Rhinology and featured in a podcast hosted by Dr. Sarah Wise.

Looking ahead, we are excited to continue our collaborative efforts with other ARS sections and committees and to further our multidisciplinary approach to advancing knowledge in allergy and immunology.



# **ARS 71st Annual Meeting**

October 10-11, 2025

Indianapolis, IN

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